

Sources of support

Contact names are not given so that this handbook remains as up to date as possible. However, if you know the name of the person you need to contact it is easy to contact them by email. Almost all email addresses for MS Society staff follow this format - a person's first name, a full stop, their surname, then @mssociety.org.uk. For example, Joe Bloggs would be joe.bloggs@mssociety.org.uk.

MS Society teams

Communications Teamcomms@mssociety.org.uk

Tel: 020 8438 0741

Finance Teamfinancesupport@mssociety.org.uk

Tel: 020 8438 0709 or 020 8438 0785

Governance Teamgovernance@mssociety.org.uk

Tel: 020 8438 0700

Grants Teamgrants@mssociety.org.uk

Tel: 020 8438 0700

Information Teaminformation@mssociety.org.uk

Tel: 020 8438 0799

Information Team (Scotland)enquiries@mssocietyscotland.org.uk

Tel: 0131 335 4050

Short Breaks Information Officervia helpline@mssociety.org.uk

Tel: 0808 800 8000

Supporter Services Teamsupporter.services@mssociety.org.uk

Tel: 020 8438 0889

Volunteering Teamvolunteering@mssociety.org.uk

Tel: 020 8438 0944

Your local staff members

Your **Local Networks Officer** is there to work alongside you, supporting your branch or group to offer safe, effective services and support to people affected by MS.

Your **Area Fundraiser** works with you to develop fundraising activities and projects to increase your branch or group income.

If you need contact details for your **Local Networks Officer** or **Area Fundraiser**, contact the **Volunteering Team**.

UK and national MS Society offices

MS National Centre

372 Edgware Road, London NW2 6ND

info@mssociety.org.uk

Tel: 020 8438 0700

MS Society Scotland

Ratho Park, 88 Glasgow Road, Ratho Station, Newbridge, EH28 8PP
enquiries@mssocietyscotland.org.uk
Tel: 0131 335 4050

MS Society Cymru

Temple Court, Cathedral Road, Cardiff CF11 9HA
mscymru@mssociety.org.uk
Tel: 029 20 786676

MS Society Northern Ireland

The Resource Centre, 34 Annadale Avenue, Belfast, BT7 3JJ
info@mssocietyni.co.uk
Tel: 028 9080 2802

The MS Helpline

The **MS Helpline** offers emotional support and information to anyone affected by MS in the UK. You should give the helpline contact details to anyone you think could benefit:

- Freephone helpline: 0808 800 8000
- Helpline email service: helpline@mssociety.org.uk