

Appendix A: Care needs questionnaire

Before you agree to provide contracted care, use this questionnaire to establish what support a person needs.

Eating & Drinking	✓
No problem - can eat and drink without assistance	
Can eat as long as food is cut up	
Can eat or drink without assistance using special cutlery/crockery	
Needs assistance but only due to tremor/spasm	
If any of the above ticked, then <u>as long as someone is willing</u> and primary carer has confirmed no swallowing or communication difficulties, assistance can be provided. Contracted care assistants or primary carer will be needed if any of the below ticked:	
Needs assistance with eating including thickened drinks etc.	
Needs strict supervision for management of Peg feeding/loss of appetite/swallowing difficulties/choking problems	

Mobility/Transfers/Falls	✓
No assistance needed	
Needs supervision to transfer and/or mobilise but no history of falling	
Occasionally needs manual assistance to transfer, can weight bear, has no history of falling.	
If any of the above ticked then <u>as long as someone is willing to assist</u> and primary carer has confirmed there is no history of falls or other difficulties, assistance can be provided. Contracted care assistants or primary carer will be needed if any of the below ticked:	
Needs manual assistance to transfer at all times but has some degree of mobility, has history of falling during previous six months with infrequent falls	
Unable to transfer independently & needs supervision to mobilise or has history of falling during previous three months with occasional falls	
Unable to transfer & mobilise independently or has history of falling during previous month with frequent falls	

Freedom of Movement	✓
Ambulant or ambulant with use of sticks or frame	
Uses electric wheel chair/mobility scooter or can self propel a manual wheel chair	
Needs pushing in manual wheelchair	
Needs electric chair steering	
If any of the above ticked then <u>as long as someone is willing</u> and has considered size, weight, surface and inclines/ramps before doing so, assistance can be provided. Otherwise and for the below, contracted care assistants or primary carer needed (Note: some care agencies will not let staff assist with assistance into	

and out of vehicles):	
Needs assistance in and out of non wheelchair accessible transport	
Needs wheelchair or scooter lifted out of vehicle	
Uses large specialist manual chair	

Medication	✓
No assistance needed, self medicating can open all containers and dispense medication themselves	
Above shouldn't be a problem. Contracted care assistants <u>trained to give medication</u> or primary carer will be needed if any of the below ticked:	
Needs assistance with oral medication or administration of medication by other specialist routes e.g. PEG (percutaneous endoscopic gastrostomy), intramuscular or other injection	

Continence	✓
Needs guiding to location of toilet and door opened, can use toilet without assistance	
Needs pushing in manual wheelchair to toilet and door opened, can transfer on/off and use toilet without assistance	
Above shouldn't be a problem. Contracted care assistants or primary carer will be needed if any of the below ticked:	
Uses toilet with assistance	
Uses catheter/has urostomy which will need attention	