

Appendix 2: Sources of support

Our volunteer website

Our **volunteer website** is the key source of information for your MS Society group, guidance on your volunteer role, news about volunteering matters, and forthcoming events and training opportunities.

For all the latest news and updates, visit the dedicated [Local Networks Programme](#) web section regularly.

Your Local Networks Officer

Your **Local Networks Officer** is your main contact, supporting your group to offer safe, effective services and support to people affected by MS. They will support you to use new resources and implement the processes that will strengthen and grow our MS communities throughout the UK.

Who is my LNO?

See [Your Local Networks team](#) on the **volunteer website** for an alphabetical list of MS Society groups and LNO contact details.

Supporter Care Team

The **Supporter Care Team** is your main point of contact for queries to MS Society departments.

Supporter Care Team

supportercare@mssociety.org.uk

Tel: 0300 500 8084

Other contacts

Finance Team

financesupport@mssociety.org.uk

Tel: 0131 335 4078 or 020 8438 0844

Grants Team

grants@mssociety.org.uk

Tel: 020 8438 0700

Online Shop

shop@mssociety.org.uk

Tel: 020 8438 0999

Web to print Helpdesk

helpdesk@nflex.co.uk

Tel: 01992 449 957

UK and national MS Society offices

MS National Centre

372 Edgware Road, London NW2 6ND

info@mssociety.org.uk

Tel: 020 8438 0700

MS Society Scotland

Ratho Park, 88 Glasgow Road, Ratho Station, Newbridge, EH28 8PP

enquiries@mssocietyscotland.org.uk

Tel: 0131 335 4050

MS Society Cymru

Temple Court, Cathedral Road, Cardiff CF11 9HA

mscymru@mssociety.org.uk

Tel: 029 20 786676

MS Society Northern Ireland

The Resource Centre, 34 Annadale Avenue, Belfast, BT7 3JJ

info@mssocietyni.co.uk

Tel: 028 9080 2802

The MS Helpline

The MS Helpline offers emotional support and information to anyone affected by MS in the UK. You should give the helpline contact details to anyone you think could benefit:

- Freephone helpline: 0808 800 8000
- Helpline email service: helpline@mssociety.org.uk

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Editor:	Quality and Innovation Projects Officer
Signed off:	October 2016
Review date:	April 2017
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