

Welcome!

And thank you, we hope you enjoy your volunteering with us.

How to use this checklist

This checklist gives you some pointers for settling into your role and finding out about our work, the policies and resources in place to support you.

You can tick off each step as you go along. There's space to write any questions you might have as you complete it. The 'Sources of support' below shows who to ask for more information.

We recommend you complete your induction as soon as you can. This checklist will help you get started in your role but how long it takes to complete will depend on your availability.



Sources of support



Your key contact is here to support you in your role and your questions about what you'll be doing, your learning and where you can get further information.



The Supporter Care Team is your point of contact for queries to MS Society departments. They can signpost you to the right person:

volunteers.mssociety.org.uk/supporter-care-team

Welcome

| Aim | Methods | Any questions? |
|---|--|----------------|
| ☐ I'm clear about what I'll be doing | Agree which tasks you'll be taking on with the person who recruited you: <u>volunteers.mssociety.org.uk/</u> <u>action-volunteer</u> Refer to your brief for more information on what you'll be doing on the day. | |
| I can talk about what it's like to volunteer for us | Watch our Welcome Video and read our Welcome booklet: <u>volunteers.mssociety.org.uk/</u> <u>welcome-ms-society</u> | |
| I know what MS is, and I am able to explain how it affects different people in different ways | Everyone experiences MS differently. We have listened to what people affected by MS have told us. Find out more. Watch the What is MS Video and read about it on the MS Society website: <u>mssociety.org.uk/what-is-ms</u> | |

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|---|--|----------------|
| I know what we're striving to achieve | Watch Our Strategy Video to find out more about the organisational goals we are all working to: <u>mssociety.org.uk/about-us/our-</u> <u>strategy</u> | |
| ☐ I'm aware of our Code of Conduct and how to represent the MS Society | Visit Representing the MS Society on our volunteer website: <u>volunteers.mssociety.org.uk/</u> <u>representing-ms-society</u> | |
| ☐ I can find the policies in place to support us | To find out the range of policies we have and what they cover, visit Policies and documents: <u>volunteers.mssociety.org.uk/</u> <u>policies</u> | |
| ☐ I know how to claim my expenses | Read our Expenses policy to find out how to claim expenses and what for. You'll need to fill in your Expenses claim form. Policy: volunteers.mssociety.org.uk/resources/1855 Expenses claim form: volunteers.mssociety.org.uk/resources/376 | |

My induction on the day

| Aim | Methods | Any questions? |
|---|--|----------------|
| ☐ I can make sure I keep myself and others safe | We're committed to provide a safe environment for all involved with us. Discuss with the volunteer(s) responsible for organising the event how to ensure your safety and the safety of participants on the day. | |

If you have any feedback about this checklist, please email <u>volunteering@mssociety.org.uk</u>

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