



## How to nominate a Shining Star

Volunteer recognition is a key priority of our Volunteering Strategy. We want our volunteers to feel appreciated and valued for their contributions and we have a range of ways to say thank you, including our **Shining Star** award.

This lapel pin and certificate recognises outstanding individual or group contributions by volunteers. Any volunteer or staff member can nominate a worthy volunteer or group of volunteers to receive a **Shining Star**.

### Volunteering Team

Our **Volunteering Team** is here to support all our volunteers throughout their journey with us. Contact the **Volunteering Team** with any questions you may have about recognising volunteers.

**Volunteering Team**  
[volunteering@mssociety.org.uk](mailto:volunteering@mssociety.org.uk)  
Tel: 0300 500 8084



See [C1: Volunteering with us](#) for our guidance on recruiting, supporting and recognising your volunteers.

### Who deserves a Shining Star?

We award **Shining Stars** to volunteers and groups of volunteers whose outstanding service and achievements exemplify the positive impact we always strive to make within our MS communities.

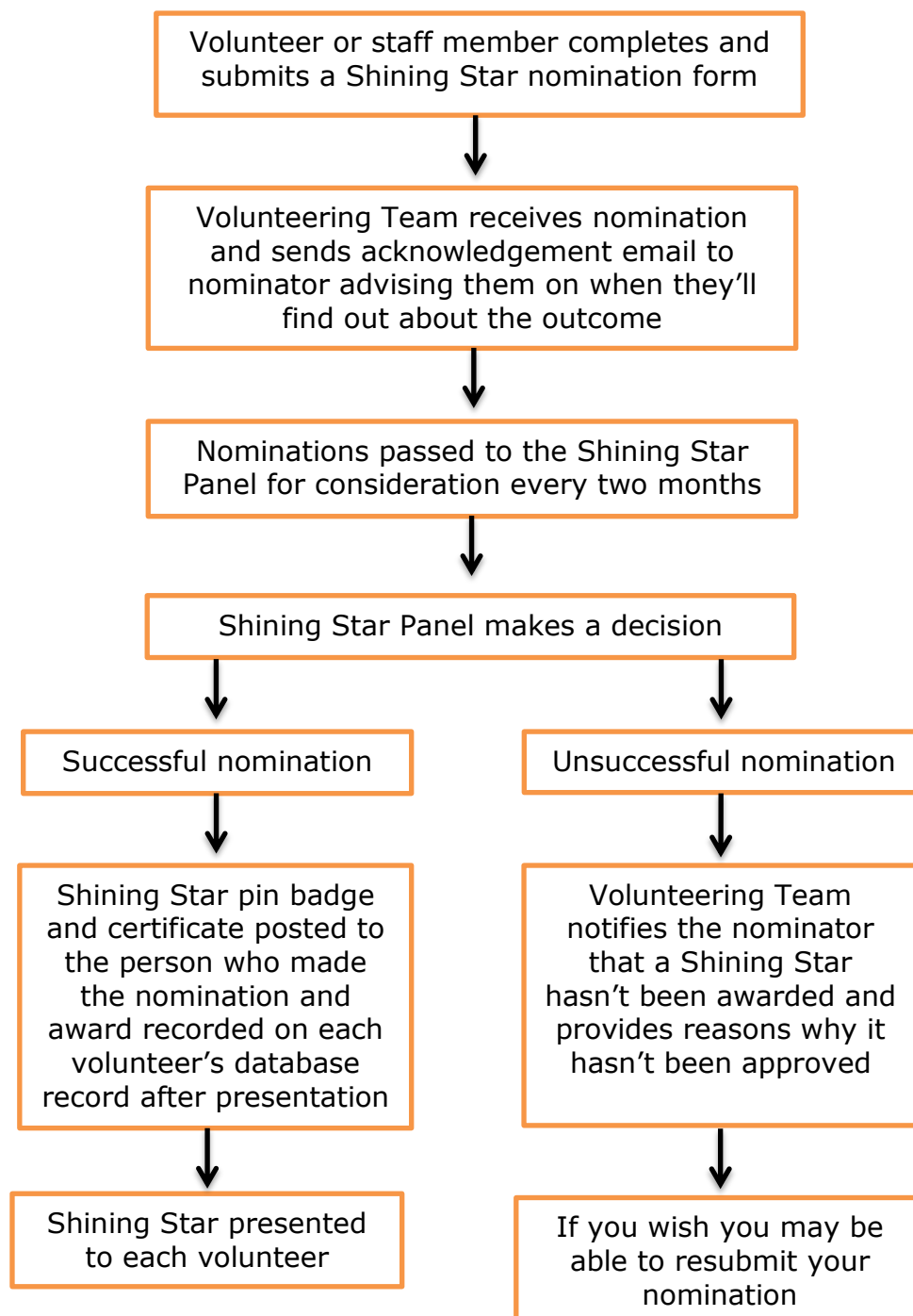
Here are some examples of volunteer service we award **Shining Stars** for:

- Making a significant difference to people living with MS
- Successfully recruiting and supporting other volunteers
- Leading or supporting an MS Society group through a challenging time
- Extraordinary fundraising

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- Implementing an impactful new service, improving the quality of existing services, or delivering an exceptional quality service in a group
- Successfully leading or supporting a local or national campaign
- Introducing innovative ways of fundraising, campaigning or providing services

## Nomination process



## Submitting a Shining Star nomination

You can submit a **Shining Star** nomination in these ways:

### Online Nomination Form

The easiest way to submit your **Shining Star** nomination is to click on this link - [Online Nomination Form](#). You'll receive an automatic response to let you know we've received your nomination.

### Paper Nomination Form

Alternatively, you can print a copy of our [Paper Nomination Form](#) or ask our **Volunteering Team** to send you one. Complete it and post it to:

Volunteering Team  
MS National Centre  
372 Edgware Road  
London  
NW2 6ND

### Individual and group nominations

You can use either of our forms to submit a **Shining Star** nomination for an individual volunteer, or an outstanding group project.

You can nominate up to 10 volunteers for a group **Shining Star** award on our nomination forms. If your group nomination is approved, each nominated volunteer will receive a **Shining Star** lapel pin and a certificate.

If you need to nominate more than 10 volunteers for a group **Shining Star**, please contact our **Volunteering Team**.

### What should we include on our nomination form?

Both versions of our nomination form ask you to tell us what makes the volunteer or group of volunteers worthy of a **Shining Star**. Make sure you answer all the questions and give as much detail as you can.

If you submit an incomplete nomination form, we may need to contact you for more information before it can be considered by the **Shining Star Panel**.

## Shining Star Panel

Our **Shining Star Panel** meets every two months to consider **Shining Star** nominations. The panel is formed by members of our **National Councils** and **Board of Trustees**.

Our **Volunteering Team** will contact you to confirm when your nomination is due to be considered by the **Shining Star Panel**.

We only accept **Shining Star** nominations for volunteers or groups of volunteers who hold one of our approved roles and are registered on our volunteer database.

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