

Welcome!

And thank you, we hope you enjoy your volunteering with us.

How to use this checklist

This checklist gives you some pointers for settling into your new role and finding out about our work, the policies and resources in place to support you.

You can tick off each step as you go along. There's space to write any questions you might have as you complete it. The 'Sources of support' below shows who to ask for more information.

We recommend you complete your induction as soon as you can. This checklist will help you get started in your role but how long it takes to complete can be agreed between you and your staff contact.



Sources of support



Your staff contact is here to support you, answer questions about what you'll be doing, your learning and where you can get more information. Email <u>myfundraising@mssociety.org.uk</u> to make contact.



Other staff who can support you are listed on our volunteer website:

volunteers.mssociety.org.uk/staff-support

Welcome

Aim	Methods	Any questions?
☐ I'm clear about what I'll be doing	Agree which tasks you'll be taking on with the person who recruited you: <u>https://volunteers.mssociety</u> .org.uk/resources/4981	
I can talk about what it's like to volunteer for us	Watch our Welcome Video and read our Welcome booklet: <u>volunteers.mssociety.org.uk/</u> <u>welcome-ms-society</u>	
☐ I know what MS is, and I am able to explain how it affects different people in different ways	Everyone experiences MS differently. We have listened to what people affected by MS have told us. Find out more. Watch the What is MS Video and read about it on the MS Society website: <u>mssociety.org.uk/what-is-ms</u>	
I know what we're striving to achieve	Find out about the organisational goals we are all working to: <u>mssociety.org.uk/about-us/our-</u> <u>strategy</u>	

☐ I'm aware of our Code of Conduct and how to represent the MS Society	Visit Representing the MS Society on our volunteer website: volunteers.mssociety.org.uk/ representing-ms-society	
☐ I can find the policies in place to support us, and understand it's my responsibility to make sure Stop MS Champions in my team are aware of them too	To find out the range of policies we have and what they cover, visit Policies and documents: volunteers.mssociety.org.uk/ policies	
	See what policies you must read and understand as part of your role in 'My mandatory learning' below.	
☐ I know how to claim my expenses	Read our Expenses policy to find out how to claim expenses and what for. You'll need to fill in your Expenses claim form. Policy: volunteers.mssociety.org.uk/resources/1855 Expenses claim form: volunteers.mssociety.org.uk/resources/376	

My Mandatory Learning

I can access and handle everyone's data so their personal details are kept safe	You need to make sure the personal data you handle is processed in line with the General Data Protection Regulation (GDPR).
	Discuss how to handle data safely and securely, and only for the purpose(s) agreed with your staff contact.
	Complete the Data Protection Essentials for GDPR eLearning. You'll receive your access to this course by email.
	Completing this eLearning is the first step to obtaining your own MSS email address (if you don't have one already). Your staff contact will start the process of getting one set up with you.
	Read the policies and guidance provided to help you comply, such as:
	Policy: volunteers.mssociety.org.uk/resources/861
	Handling data: volunteers.mssociety.org.uk/handling-data

I understand the importance of treating everyone with equal respect	We're committed to making sure our information, services, campaigns and awareness activities are led by the diverse voices from the whole MS community.	
	Discuss with your staff contact how we can meet our commitment to being relevant, accessible and inclusive. Read our Equal opportunities and inclusion policy and our Diversity position statement for more information.	
	Equality opportunities and inclusion policy: volunteers.mssociety.org.uk/resources/366	
	Diversity Position Statement: volunteers.mssociety.org.uk/resources/367	

☐ I know how to keep myself safe when volunteering on my own	We want to make sure you take every precaution when volunteering on your own. Find out about the range of ways to keep yourself safe. Read Lone volunteering (including our Lone working and volunteering policy and guidance) on our volunteer website: volunteers.mssociety.org.uk/lonevolu nteering	
☐ I know how to report a safeguarding concern	It's important you feel confident you know how to recognise and report a safeguarding concern.	

Induction to my role

Aim	Methods	Any questions?
I know about Stop MS and what we're hoping to achieve.	Watch our Stop MS video to find out about our exciting appeal towards transforming treatment for everyone with MS volunteers.mssociety.org.uk/stop- MS-appeal	
	Read our Stop MS Short Guide volunteers.mssociety.org.uk/resources /stop-ms-guide-champions	
I can apply our social media guidelines and know where to find branded social images	Visit Using social media for guidance: volunteers.mssociety.org.uk/socialmed ia	
	Use our social media images: volunteers.mssociety.org.uk/soc ialmedia-images	
	Stop MS social media images: <u>https://volunteers.mssociety.or</u> <u>g.uk/stop-ms-social-media-</u> <u>assets</u>	

I know how to share tips, promote successes encouraging other volunteers across the UK.	Join our STOP MS Facebook group to connect with other volunteers fundraising for STOP MS Join the group here For guidance on how to join and set up a Facebook profile: volunteers.mssociety.org.uk/social- media
I can present at an event about	We'll provide support to develop your presentation skills.
Stop MS.	Discuss with your staff contact if there's anything you'd like support with.

If you have any feedback about this checklist, please complete this survey.

Lead Stop MS Champion - Welcome and induction checklist		
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