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Welcome to your monthly newsletter - keeping you updated with news relevant to all volunteers, as well as key group-specific news.

## Thank you!

Thanks to all of our volunteers for your ongoing support and dedication. Please click on the play button below for an end of year message from Chief Executive Officer, Nick Moberly, and Chair of Trustees Sir Paul Curran.

# To all our amazing volunteers...



## General updates



### MS Walks are back for 2023

OS Walks return next year to Bristol, Cardiff, Glasgow, London and Manchester. Join our team of volunteers who make these events such a success.

[Find out more](#) □



### What's new in research?

In the festive issue of Research Reporter, our Research Team rounds up what's happening in the world of MS science.

[Read the Research Reporter](#) □



## Vote for us to brand the bus!

Vote for us to get our own MS Society-branded bus in Oxford in 2023! The competition is won via public votes before 1 January, so please spread the word.

[Vote for us here](#)



## Help us improve our website content...

...and receive a £5 Amazon gift card! If you have access to a desktop computer, laptop or large tablet, please follow the link below. And share it across your channels.

[Find out more](#)

## Things you might have missed...

- [Watch the live stream of our Christmas Carol Concert tonight \(Thursday 15 December at 7pm\)](#)



## Volunteering in action



## Joining the MS Society family has changed my life

Ann-Marie is a Shop Volunteer for the Hull, Beverley and Holderness Group. She shares her volunteering journey with us. And how being a part of the MS Society family has changed her life.

[Read Anne-Marie's blog here](#) □



## Crossing the country for a great cause

In May 2022, Dan raised over £4,000 for us by completing the Coast to Coast Walk. He shares a snapshot of the experience.

[Read Dan's blog here](#) □

**\*\*\* If you'd like to share your own experiences of volunteering, please let us know by completing the [online form here](#) \*\*\***



## Updates for groups



## Web to Print - interim plan update

As we approach the closure of the Web to Print service, find out more about our interim solution to support groups with marketing design requirements. Plus important dates to note.

[Find out more](#) 



## Grants update for 2023

If your group offers grants, we're asking you to follow some updates to the core grants rules, from January 2023. We're updating all the grants resources on the volunteer website, and new versions will be available to download in January.

[Find out more](#) 

## Finance year end

A huge thank you to all our Finance Volunteers who've been busy making sure that group transactions are all analysed in preparation for the financial year end process.

We've put together a quick reminder of the steps you need to take before the end of January.

[Find out more](#) 

## Things you might have missed...

- [Top tips for organising your festive meal or party](#)

## This month's Top Tips!

Welcome to our new 'Top Tips' section. Every month we'll share useful ideas and/or 'how to' hints to help you carry out your volunteering role.

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With many bank branches closing, we know some groups are finding it hard to pay monies into their accounts. One potential solution is to use the Post Office instead! If this could work for your group, your Finance Volunteer can contact Treasury Support on [treasury.support@mssociety.org.uk](mailto:treasury.support@mssociety.org.uk) to request a Post Office deposit card.



## Events

### Events for all volunteers

**Virtual support events:** Information webinars, skills sessions, Conversation Caf  s and Wellbeing courses for different stages of the MS journey

**Volunteer training troubleshooting sessions:** Wednesday 18 January at 11am, Tuesday 31 January at 2pm

**Volunteer Welcome Event:** Wednesday 1 February at 9.30am

### Events for group volunteers

**Finance year end support sessions:** Multiple dates available

Let's stop MS together



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