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Welcome to your monthly newsletter - keeping you in touch with highlights from around the organisation and key group-specific news.



General updates



Meet our new Chair of Trustees at Volunteer Voice

We're delighted that Professor Sir



Shouting out about the impact our volunteers make

Did you watch our Impact Awards

Paul Curran will be with us on **Wednesday 30 November** at 11am. Plus an organisational update from Nick Moberly, and the chance to ask about anything which is on your mind.

[Register here to join us](#) □

ceremony online last week? It was a wonderful way of recognising the difference our volunteers make in all areas of our work. Congratulations to all the nominees and winners!

[Find out more](#) □



Carol concert tickets now on sale

Celebrate the festive season with us at 7pm on **Thursday 15 December**. We'll be joined by celebrity readers in the beautiful setting of St Mary's London in Marylebone.

[Buy tickets here](#) □



MS Society Christmas cards

Our Christmas cards are available online here. Do you know anyone who could help out in one of the Cards for Good Causes shops where they're also being sold this year?

[Find out more](#) □

Things you might have missed...

- **Research Reporter** - Your essential guide to what's new in the world of MS science
- **#Breaking Point** - Support our cost of living campaign and sign our petition
- Reminder to use and save the latest version of our **expenses form**



Volunteering in action



Inspiring others to live well with MS

Anne tells us what inspires her to keep volunteering – and how her passion for riding has been so important for her wellbeing.

[Read Anne's blog here](#) □



Volunteering has changed me as a person

Trishna tells us about her journey to becoming an MS Society Ambassador and how volunteering has changed her as a person.

[Read Trishna's blog here](#) □

***** If you'd like to share your own experiences of volunteering, please let us know by completing the [online form here](#) *****



Updates for groups



Finance year end

It may seem very early to be reminding you about the end-of-year financial process, but it's amazing how quickly it rolls around! We want to make the process clear and manageable for you.

[Find out more](#)



Organising your end-of-year meal or party

With the festive season now on the horizon, we've put together some guidance based on the questions volunteers most frequently ask when planning their celebrations.

[Find out more](#)

Things you might have missed...

- Sign up for a training session on our new **fundraising** platform, Enthuse
- If you'd like to chat about **group grant giving**, join one of our informal get-togethers

This month's Top Tips!

Welcome to our new 'Top Tips' section. Every month we'll share useful ideas and/or 'how to' hints to help you carry out your volunteering role.

If you're planning a special event or party at a managed venue, you can **use the standard guidance HSV: 931** – so long as any entertainment is provided by the

venue. If the group is arranging entertainment, even if you're using a managed venue, you need to [complete our full risk assessment VERA: 907AGG](#). Remember to upload all forms to the Portal and also to let the Volunteer Support Team know, so they can confirm that your event is good to go.

Based on frequently asked questions, we've put together many more top tips for groups planning special events or parties, especially for the upcoming festive season. [You can find the new party guidance document here.](#)



Events

Events for all volunteers

Virtual support events: Information webinars, skills sessions, Conversation Caf s and Wellbeing courses for different stages of the MS journey

Volunteer Voice: Wednesday 30 November at 11am

Volunteer Welcome Event: Monday 7 November at 1pm and Wednesday 1 February at 9.30am

Supporting carers workshop: Tuesday 4 October at 10am, Wednesday 5 October at 2pm and Thursday 6 October at 10am

Events for group volunteers

Starting face-to-face socials and meetings: Tuesday 18 October at 2.30pm and Thursday 10 November at 10.30am

Support Volunteer autumn forums: Tuesday 29 November at 10am, Wednesday 30 November at 2pm and Thursday 1 December at 10am

Grants Get-togethers: Monday 24 October at 6pm, Friday 18 November at 4pm and Thursday 15 December at 11am

Enthuse (new fundraising platform) training sessions: Tuesday 25 October at 10am and Thursday 27 October at 4pm

Let's stop MS together



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