

Local Group



Your local MS Society group



Information, support, activities & services for people affected by MS

WE CAN HELP WITH:

Friendship with our regular social activities

Fitness in accessible environments

Finance with our welfare grants

We're the MS Society.

We fund vital research in the quest to discover new treatments. We provide expert advice and services to support everyone to live better with MS, every day. And we're the voice of the MS community, fearlessly standing up for all of our futures.

Our caring community makes sure nobody has to face MS alone.

Together we're making change happen. We won't stop until we stop MS.



▶ Find out more about the MS Society

Volunteer with us!

We welcome all new volunteers, there are lots of opportunities with our local group.

Whether you're interested in fundraising, providing information and support, helping with social activities or providing a friendly listening ear, we have the right volunteer role for you. We offer full out of pocket expenses to all our volunteers along with training, induction and ongoing support. So if you could spare some time to help us out, do please get in touch with us – we would greatly appreciate your support.



Your local group

The local group is run by a small, friendly team of volunteers who all have experience of MS.

We provide a range of activities and services to meet the needs of those affected by MS locally. We also do our best to have some fun when we meet up!

Confidential support

Our trained support team offer a friendly listening ear and information about living well with MS.

We can signpost you to other useful local services and have benefits advice experts on hand to help. We may also be able to provide you with a grant towards items such as a piece of equipment or adaptations to help promote independence.



Local and online activities

We offer local exercise groups, information events and coffee mornings.

We also have a programme of free weekly online opportunities including yoga, mindfulness and regular socials. Join our mailing list at mssociety.org.uk/localgroup or find us on Facebook.

Local Group Name

Telephone: 01234 567890 Email: localgroup@mssociety.org.uk

Local Group MS Society Group

Contact details

Telephone:

01234 567890

Email:

yourgroup@mssociety.org.uk

Webiste:

www.mssociety.org.uk/groupname

EXAMPLE

MS National Centre

020 8438 0700

info@mssociety.org.uk

MS Helpline Freephone

0808 800 8000 (weekdays 9am-7pm)

helpline@mssociety.org.uk

Online

mssociety.org.uk

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