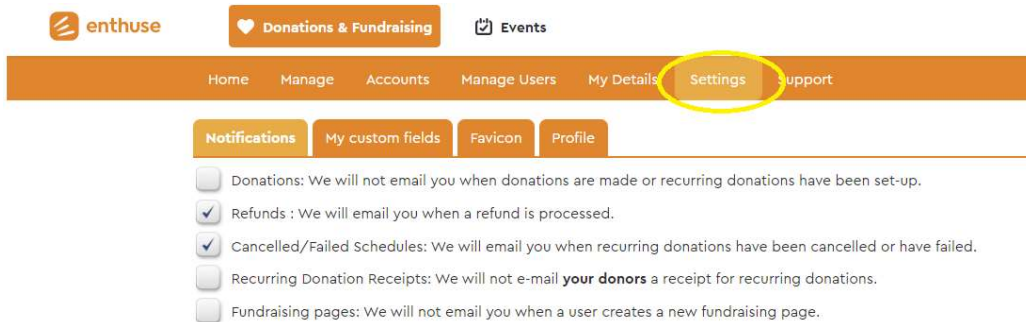


How to change your email notifications

1. Log in via Enthuse
2. Use 'Manage' tab and select 'Settings'



3. Untick the boxes under 'Notifications' for what you would like to receive

