

Take on a challenge in 2025 to Stop MS



However you chose to support the MS Society, we've got something for everyone. Check out our 2025 event dates and challenge yourself whilst making a real difference to the lives of people living with MS.



February

Challenge 28
Virtual Challenge

April

London Landmarks Half Marathon
Sunday 6 April

Brighton Marathon
Sunday 6 April

Kiltwalk Glasgow
Saturday 26 - Sunday 27 April

London Marathon
Sunday 27 April

May

MS Walk Manchester
Saturday 17 May

Jurassic Coast Challenge
Saturday 17 - Sunday 18 May

Edinburgh Marathon Festival
Saturday 24 - Sunday 25 May

The May 50K
Virtual Challenge

June

Scale the Stadium Cardiff (Zip & Abseil)
Sunday 1 June

Kiltwalk Aberdeen
Sunday 1 June

Big Leap (Summer)
Sunday 1 June

Zip it Velocity 2 Wales
Saturday 7 June

MS Walk Belfast
Saturday 7 June

MS Walk Birmingham
Saturday 14 June

10 in 10
Tuesday 24 June

Peak District Challenge
Saturday 28 - Sunday 29 June



July

Round the Harbours
Saturday 5 July

Gower Peninsula Challenge
Saturday 19 - Sunday 20 July

August

Kiltwalk Dundee
Sunday 17 August

Scottish Half & 10K
Sunday 17 August

Zipslide the Clyde
Sunday 31 August

September

Zip it Velocity 2 Wales
Saturday 6 September

South Coast Challenge
Saturday 6 - Sunday 7 September

Great North Run
Sunday 7 September

MS Walk Glasgow
Saturday 13 September

Thames Bridges Trek
Saturday 13 September

Thames Path Challenge

Saturday 13 - Sunday 14 September

Kiltwalk Edinburgh
Sunday 14 September

London to Brighton Cycle Ride
Sunday 14 September

MS Walk Cardiff
Saturday 20 September

Berlin Marathon
Sunday 21 September

MS Walk London
Saturday 27 September



October

Cardiff Half Marathon
Sunday 5 October

Run Bournemouth
Saturday 11 - Sunday 12 October

Royal Parks Half Marathon
Sunday 12 October

Big Leap (Halloween)
Sunday 26 October

My MS Woof
Virtual Challenge

There are loads of different ways you can fundraise to help stop MS. For more information about any of the events and to sign up, visit our website or get in touch with the team.



mssociety.org.uk/fundraise
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