October 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 ADHD Awareness Month begins (learn more) Black History Month begins (learn more) Down Syndrome Awareness Month begins (learn more) Dwarfism Awareness Month begins (learn more)	2 Yom Kippur ends	3	4	5

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		Dyslexia Awareness Month begins (learn more) International Day of Older Persons (learn more) Yom Kippur begins				
6 Sukkot begins (learn more)	7	(learn more) 8 International Lesbian Day (learn more)	9 World Sight Day (learn more) Baby Loss Awareness Week begins (learn more)	10 World Mental Health Day (<u>learn more</u>)	11 National Coming Out Day (<u>learn more</u>)	12 OCD Awareness Week begins (<u>learn more</u>)

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13 Shemini Atzeret begins (<u>learn more</u>) Sukkot ends	14 Simchat Torah (learn more) Shemini Atzeret ends	15 International Pronouns Day (learn more) Baby Loss Awareness Week ends	16 Spirit Day (<u>learn more</u>) World Values Day (<u>learn more</u>)	17 Wear Red Day (<u>learn more</u>)	18 Anti-Slavery Day (learn more) World Menopause Day (learn more) OCD Awareness Week ends	19 Asexual (Ace) Awareness Week begins (<u>learn more</u>)
20 Diwali (<u>learn more</u>)	21 Bandi Chhor Divas (<u>learn more</u>)	22 Birth of the Báb (learn more) International Stammering Awareness Day (learn more)	23	24	25 Asexual (Ace) Awareness Week ends	26 Intersex Awareness Day (<u>learn more</u>)
27	28	29	30	31 Samhain (<u>learn more</u>)		