

Take on a challenge in 2026 to Stop MS



However you choose to support the MS Society, we've got something for everyone. Check out our 2026 event dates and challenge yourself whilst making a real difference to the lives of people living with MS.



February

Challenge 28
Virtual Challenge

March

Bath Half
Sunday 15 March

April

London Landmarks Half Marathon
Sunday 12 April

Brighton Marathon
Sunday 12 April

Kiltwalk Glasgow
Saturday 25 April

London Marathon
Sunday 26 April

May

Belfast Marathon
Sunday 3 May

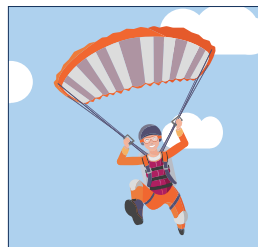
MS Walk Manchester
Saturday 9 May

Edinburgh Distillery Abseil
Sunday 10 May

Jurassic Coast Challenge
Saturday 16 - Sunday 17 May

Edinburgh Marathon Festival
Saturday 23 - Sunday 24 May

The Summer Big Leap
Saturday 30 May



The May 50K
Virtual Challenge

June

Cake Break
Tuesday 2 June

Zip it Velocity 2 Wales
Saturday 6 June

MS Walk Belfast
Saturday 6 June

Kiltwalk Aberdeen
Sunday 7 June

MS Walk Birmingham
Saturday 13 June

Cotswold Way Challenge
Saturday 13 June

10 in 10/Challenge 5
Saturday 20 June

BHF London 2 Brighton Cycle
Sunday 21 June

MS Walk Cardiff
Saturday 27 June

Europa Abseil, Belfast
Sunday 28 June



August

Kiltwalk Dundee
Sunday 16 August



Scottish Half & 10k
Sunday 16 August

Zip Slide over Strathclyde
Sunday 16 August

September

MS Walk Glasgow
Saturday 12 September

Great North Run
Sunday 13 September

Kiltwalk Edinburgh
Sunday 13 September

London to Brighton Cycle Ride
Sunday 13 September

Edinburgh 10k
Sunday 20 September

MS Walk London
Saturday 26 September

Scale the Stadium, Cardiff
Sunday 27 September

October

Europa Abseil, Belfast
Sunday 4 October

Cardiff Half Marathon
Sunday 4 October

Run Bournemouth
Saturday 10 - Sunday 11 October

Royal Parks Half Marathon
Sunday 11 October

Big Leap (Halloween)
Sunday 25 October

My MS Woof
Virtual Challenge

November

Run 30 Miles
Virtual Challenge

There are loads of different ways you can fundraise to help stop MS. For more information about any of the events and to sign up, visit our website or get in touch with the team.

 mssociety.org.uk/fundraise
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