

MS Help Teams

12 MS Help teams in the Community
2 Members of staff per region/country,
covering 2 functions

Community Development

Community Support

Nations

England

Scotland

Tracey Harrison and
Carla Callaghan

South West

Maria Fitzgerald
and **Sandra Woods**

East Midlands

Gina Meyer and
Sally Darley

Yorks & Humber

Sally Snowball
and **Lucy Virgo**

Wales

Brian Watson and **Leila
Middlehurst-Evans**

South East

Sarah-Jane Walsh
and **Lauren Hasler**

West Midlands

Lyndsay Smith and
Farhana Akthar

North East

Jake Graham and
Simon Moran

Northern Island

Charlotte Shirley and
Susan Carey

London

Makeda Durant and
Dom Harford

East

Gina Rutterford
and **Karin Gray**

North West

Paul Smithson and
Amy Woodfine

Help teams can be contacted by emailing VolunteerSupport@mssociety.org.uk